

## AFTER SCHOOL TAEKWONDO AT HUBBARD WOODS ELEMENTARY

BEYOND KICKS & PUNCHES ...



After School Taekwondo sponsored by Agbon Martial Arts. Dedicated to your kids' success.

Taekwondo, a Korean Martial Arts that was developed more than 2000 years ago and is now a part of Summer Olympics. This class is designed to captivate the interest of young kids as young as 1<sup>st</sup> Graders Skills are developed through gentle instruction and appropriate games for their ability. Teaching kicking, punching, blocks and self defense. Using activities to captivate the interest of the young ones from stretching to engaging games that incorporate physical fitness, self defense, balance, memory, coordination, teamwork, **character development**, control, respect and discipline of martial arts training that can even be used in everyday life.

The last day of the class all kid/s get a chance to break a real board (included in the fee).

## TAEKWONDO-WINTER 2024

1<sup>ST</sup> – 4<sup>TH</sup> GRADE

DATES: JANUARY 11<sup>TH</sup> - MARCH 21<sup>ST</sup> (THURSDAYS)

TIME: 3:15 - 4:15 PM (1 FULL HOUR)

PRICE: \$200.00 (No Fee proration; No make-up available)

LIMITED TO FIRST 20 STUDENTS

TO REGISTER: PLEASE COMPLETE ONLINE FORM

HTTPS://FORMS.GLE/P31GWYMLGEPQSHHV5 OR SCAN





YOU MAY PAY BY CHECK PAYABLE TO AGBON, ZELLE PAY, VENMO OR PAYPAL TO AGBONMARTIALARTS@GMAIL.COM